



## RULES & REGULATIONS

- You must be available for the final on 24th May 2020.
- Your performance must be no more than 4 minutes.
- Competitors must be over the age of 18 at the time of the competition
- Competitors must not be under the influence of alcohol or any other substances. Anyone found to be under the influence will be immediately disqualified.
- You can use both poles or just one. The poles will be set up so that if you're standing on stage facing the audience the pole to your left is spinning, the pole to the right is static, however competitors can choose to have both on spin or static. This must be confirmed with the organisers prior to the competition.
- Props may be used, however the following are not permitted: live animals, fire, machinery (such as an angle grinder), any kind of fireworks or smoke bombs. If you are unsure about your prop, please check with the organisers.
- If you are using props, please ensure full details of what you will need is listed on your finalist form.
- Human props are allowed but they may not touch the poles.
- Props must be approved before the competition - for any prop which may cause a mess or require additional clean up time, we will ask you to provide a tarpaulin to protect the stage.
- Any props not approved in advance and brought on the day will not be permitted.
- The smallest costume permitted is pasties and a thong. No nudity is permitted but unintentional exposure will not be marked down.
- Heels are not compulsory but if they are worn you will be judged on heels technique as well.
- The use of body paint, fake tan or moisturiser is not permitted for at least 24 hours before or during the competition.
- Racial or religious discrimination is strictly prohibited. If you are unsure if your performance may cause offence, please check with the organiser before the competition. Any performance seen to discriminate will result in immediate disqualification.

- Performers compete at their own risk. Organisers will not be liable for any injury sustained during the competition.
- Performances will be professionally photographed and filmed, any materials may be used by the organisers for future promotion. By entering you are agreeing to us using your image in this manner.

If you have any further questions about anything in this document please email us -  
edenpolecompetition@gmail.com